



# BISHOP'S STORTFORD

## EDUCATIONAL TRUST

TEACHING SCHOOL ALLIANCE

### Course:

## Coaching Programme

**Date:**  
Spring term 1, 1400-1600  
Spring term 2, 1400-1600  
Spring term 3, 1400-1600  
Spring term 4, 1400-1600

**Venue:**  
The Herts & Essex High School

**Cost:**  
£300.00 per person

*'Coaching is a partnership of equals...  
Coaching raises self awareness and identifies  
choices...'* Jenny Rogers. *Coaching Skills.*

### Outline

This programme is for teachers and/or support staff who are interested in learning how to coach colleagues or students, Coaching is a skill involving high levels of listening, open questioning and confidentiality.

### Content:

Participants are grouped into pairs to enable an intensive learning and support experience which focuses on individual needs. The programme sessions will include opportunities to coach each other and willing participants from the participants own school, practical activities, taught information and feedback.

The ability for participants to coach someone in their own school environment is essential

The programme will provide participants with a 'toolkit' of resources to use in their coaching practise, and an accreditation from BSET TSA in 'Coaching'. Participants will receive both a certificate and a coaching star.

The Programme includes discussion and tasks linked to:

- Coaching Skills
- Core principles in coaching
- Non-verbal language
- Protocols for coaching
- Listening skills
- The GROW model

### To Register

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