



# BISHOP'S STORTFORD

## EDUCATIONAL TRUST

TEACHING SCHOOL ALLIANCE

### Course:

Leading a Mentally Healthy School

### Date:

Spring term 1, 1000-1600

Spring term 2, 1000-1600

### Venue:

The Herts & Essex High School

### Cost:

£175.00 per person

*Leading a Mentally Healthy School is a new two-day programme, aimed at senior leaders of all phases to enable reflection and action planning around whole school approaches to mental health provision.*

### Outline

The programme has been developed by Health Education England (HEE) and the School Development Support Agency (SDSA) in partnership with an expert group of educational psychologists, education consultants and mental health organisations and responds to the areas highlighted in the recent Green Paper – 'Transforming Children and Young People's Mental Health Provision' (December 2017).

Leading a Mentally Healthy School aims:

- to enable and empower senior leaders to put mental health at the heart of strategic school improvement.
- to equip senior leaders with practical and sustainable approaches that can be implemented on return to school.

#### Module 1: Ethos, culture & strategic leadership

- What is mental health
- Why have a whole school approach to mental health
- The importance of ethos and culture
- Strategic planning

#### Module 2: Policies/Procedures for impact

- Policies and leadership
- Signs and symptoms
- Procedures for impact

### To Register

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